

## Recommended Reading



**Allen, David**, Getting Things Done: The Art of Stress-Free Productivity

**Dellaquila, Vickie**, Don't Toss My Memories in the Trash – A Step-By-Step Guide to Helping Seniors Downsize, Organize and Move

**Goldberg, Donna**, The Organized Student

**Hallowell, Edward and John J. Ratey**, Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder

**Kingston, Karen**, Clear Your Clutter with Feng Shui

**Kolberg, Judith and Kathleen Nadeau**, ADD-Friendly Ways to Organize Your Life

**Kolberg, Judith**, Organize for Disaster

**Kolberg, Judith**, Getting Organized in the Era of Endless: What to do When Information, Interruption, Work, and Stuff are Endless, but Time is Not!

**Kondo, Marie**, The Life-Changing Magic of Tidying Up – The Japanese Art of Decluttering and Organizing

**Morgenstern, Julie**, Organizing from the Inside Out: The Foolproof System for Organizing Your Home, Your Office and Your Life

**Paul, Marilyn**, It's Hard to Make a Difference When You Can't Find Your Keys; the Seven Step Path to Becoming Truly Organized

**Richardson, Cheryl**, Take Time for your Life: A Personal Coach's Seven-Step Program for Creating the Life You Want

**Salzberg, Sharon**, Real Happiness at Work: Meditations for Accomplishment, Achievement, and Peace

**Seixas, Abby**, Finding the Deep River Within: A Woman's Guide to Recovering Balance and Meaning in Everyday Life

**Waddill, Kathy**, The Organizing Sourcebook

**Walsh, Peter**, It's All Too Much